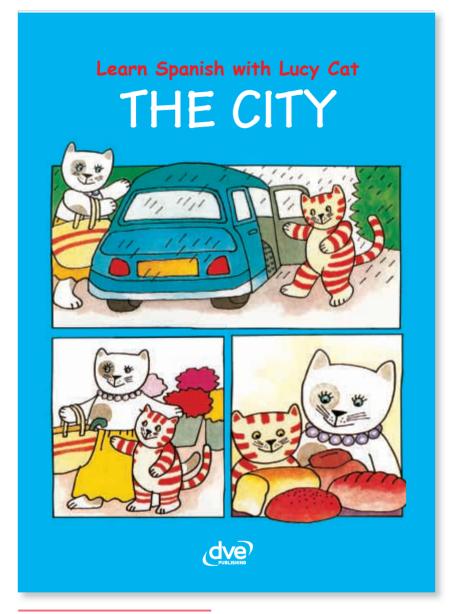


# **CHILDREN**

hildhood is the most creative time of our lives. There is a whole world to discover and all parts of it are exciting in their unique way. Motivation comes naturally; what children need is stimulation. Show kids what they do not yet know and new horizons will open up for them.

With a special focus on fine arts and colouring books, we offer a wide range of introductions to various activities – handicrafts, drawing, games, sports and many more – as well as insightful guidebooks for parents. Help children to find their strong suit – or quite simply their favourite pastime!





ISBN 978-84-315-5429-3 Format 250 x 250 mm, 28 pages 1,000 words

Children have facilities to learn new languages. And it's while having fun that your child learns the most! With this series of books, your child will be able to learn the basics of Spanish, English, French and German.

Other titles of this series in Spanish, English, French and German:

- The farm
- The beach
- The party

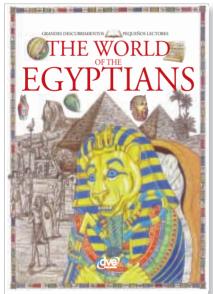
ISBN 978-84-315-5435-4 Format 180 x 220 mm, 80 pages 4,000 words

Let's learn English and discover the world of animals at the same time. it will entertain your child while acquiring the basic vocabulary of the animal world without any effort.



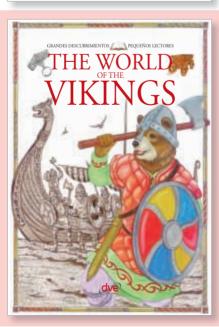
ISBN 978-1-68325-819-3 Format 245 x 327 mm, 40 pages 20,000 words

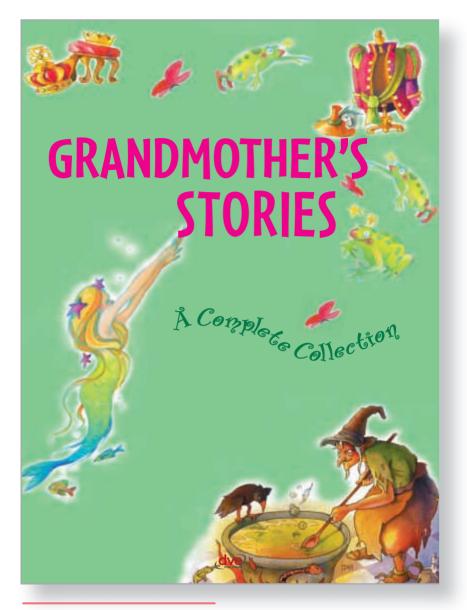
Learn about the daily life of the ancient Egyptians: how they lived in their homes, how they wrote, what they studied, the most common trades, their gods, mummies, pyramids, and many other interesting and curious things, presented with images of exceptional quality that will take you to a faraway and wonderful world.



ISBN 978-1-68325-822-3 Format 245 x 327 mm, 40 pages 22,000 words

Learn about the daily life of the ancient Vikings: how they lived in their houses, the boats they built, how they dressed, what they ate, how they fought, how they wrote, their gods and many other interesting and curious things, presented with images of exceptional quality that will take you to a faraway and wonderful world.

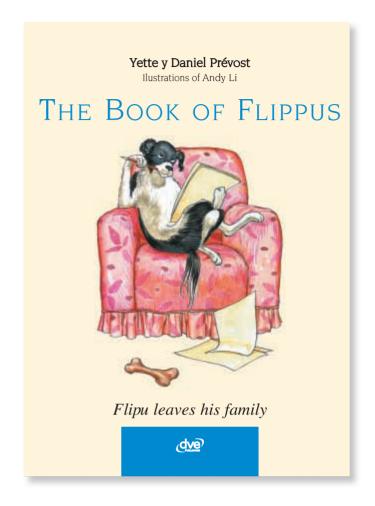


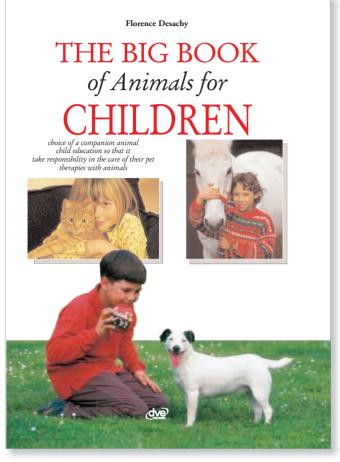


ISBN 978-1-78525-374-4 Format 210 x 297 mm, 52 pages 8,200 words

In this book we present a selection of the most beloved children's stories: Snow White, The Little Mermaid, The Princess and the Pea, Cinderella, etc. This is a collection of the best and most famous children's stories from all over the world that will let your little ones have a great time.

Fully illustrated with lovely, original and colourful drawings.



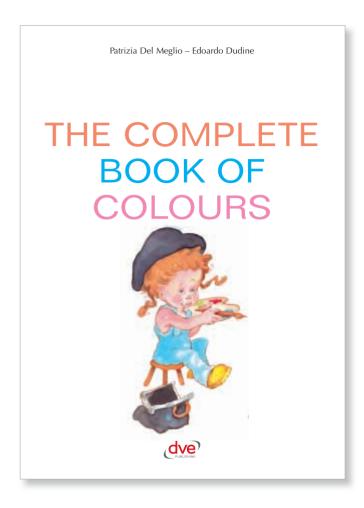


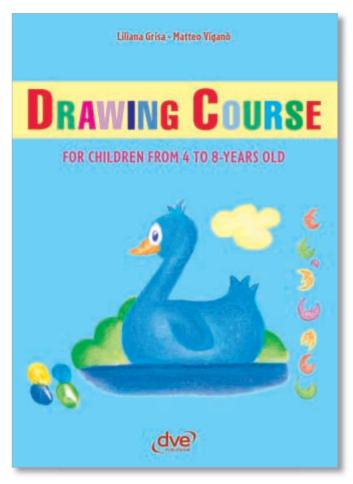
ISBN 978-29128-830-3 Format 120 x 250 mm, 42 pages 1,500 words

With only a few months to live, Flipu is adopted by a family in the city, which he gradually meets. The puppy, intelligent and funny, is the joy of the whole house, except that of the cat Mimir, who is jealous to see how this intruder snatches the leadership. Despite the altercations between them, Flipu grows up between misunderstandings and surprises, humorously depicting his thoughts and the reactions of those around him...

ISBN 978-84-315-3662-6 Format 170 x 240 mm, 94 pages 40,000 words

Although it is usually children who consider buying a pet, the decision will affect the whole family, and should be well thought out. You can't buy a dog, a cat, a bird or a rodent as if it were a stuffed animal. Which animal to choose? What species? Who will take care of it? In this work, the author helps the future owners of a pet to resolve all the difficulties that may arise: criteria for choosing an animal according to the commitment, age and character of the child, relationship child-animal, degree of responsibility of the child, bases of the education of the animal, care to be provided, food, how to help a child overcome the loss of his pet, etc.... The reader will find here all the necessary advice to be able to teach the youngest of the family to live better with their pet. A work that, without a doubt, will provide a great service to the whole family.





ISBN 978-84-315-3652-6 Format 179 x 220 mm, 94 pages 1,5 words

After that, you will draw your first animals and also people. And soon you will be able to draw fast cars, airplanes and even spacecrafts.

Go for it, this will be the nicest of your games!

ISBN 978-1-78525-475-8 Format 170 x 240 mm, 96 pages 1,500 words

This work is a guide which will teach you how to draw and colour. You will only need colour pencils and a lot of blank sheets. There will be just a few pages for reading and a lot of space for colouring.

If you follow the advice included in this book, you will be able to quickly learn how to draw very beautiful flowers and attractive fruits.

After that, you will draw your first animals and also people. And soon you will be able to draw fast cars, airplanes and even spacecrafts.

Go for it, this will be the nicest of your games!

### ISBN 978-1-78525-340-9 Format 210 x 297 mm, 32 pages 200 words

What's on the farm? Colour and discover:

- a tractor
- a scarecrow
- a meadow
- a stable
- a mill
- a waterwheel
- an oven
- a farmyard

### ISBN 978-1-78525-339-3 Format 210 x 297 mm, 32 pages 200 words

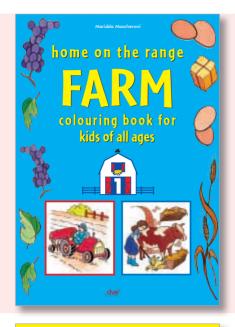
What's on the farm? Colour and discover:

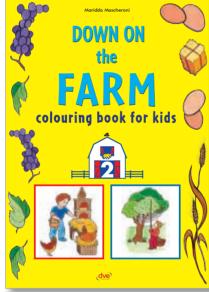
- a henhouse
- a rabbit hutch
- a sty
- a pond
- an apiary
- an aviary
- a vegetable garden
- an olive grove

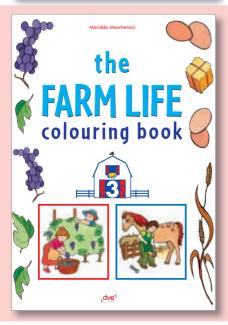
### ISBN 978-1-78525-341-6 Format 210 x 297 mm, 32 pages 200 words

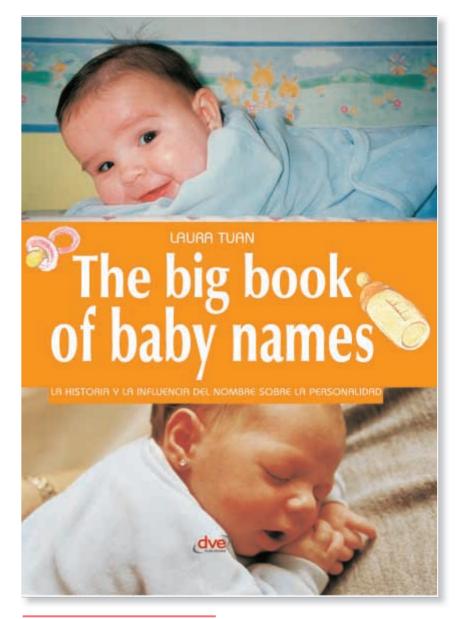
What's on the farm? Colour and discover:

- a vineyard
- a winery
- a fence
- a meadow
- a stable
- a garden
- a hay loft
- a press



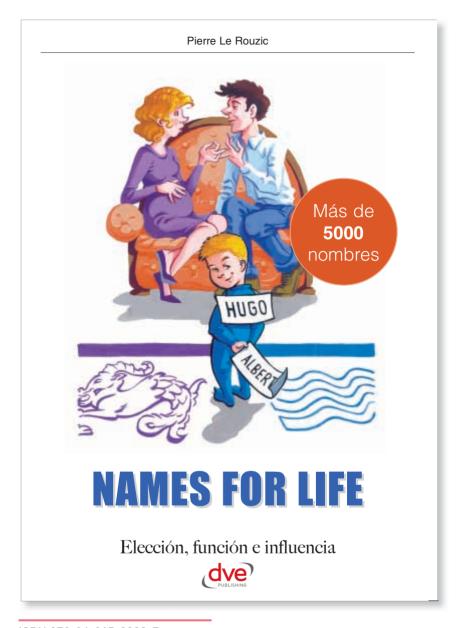






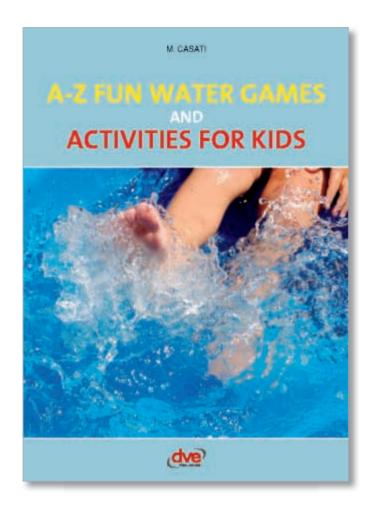
ISBN 978-84-315-2230-5 Format 170 x 240 mm, 234 pages 83,000 words

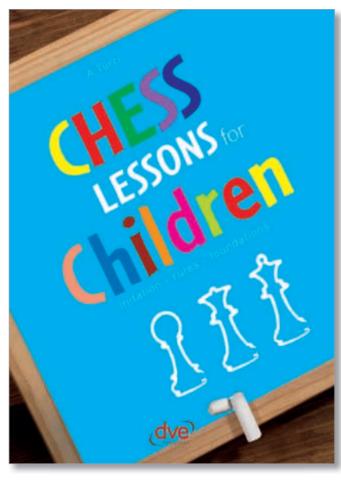
The name is a fundamental feature of our identity that accompanies us throughout our lives. If you have just found out that you are going to have a child, know that the first act of love for that baby can begin right now, choosing and giving a beautiful name of which you are always proud. This book will help you in this difficult task. It gathers a hundred or so fashion names, explaining the origin, the character traits of the people who wear it, the influences... With a final sheet for you to write down your name proposals and those of the rest of the family, to make the right choice.



ISBN 978-84-315-3392-7 Format 370 x 270 mm, 360 pages 86,200 words

More than 5000 names. Undoubtedly, there are secret links between the character of a person and the name it bears. The name can even act to some extent on his personality, not to mention his future. This leads us to reflect at the moment of making the choice. Psychology. Self-help. Esotericism.





### ISBN 978-1-78525-337-9 Format 170 x 240 mm, 128 pages 20,000 words

Are you a mother, father, swimming monitor, or group companion? Do you want to take care of a children group at the beach, in a lake, or even in the swimming pool during the long summer days?

This guide will provide you with a lot of ideas for games, which will be enjoyed by kids and also adults. Adapted to each age range (from three to five years, from six to eight years, from nine to twelve years) and respecting all the safety and hygiene rules, the proposed aquatic activities will amuse the kids while they gain skills in the water, improving their mobility, and developing their strength.

Just with some simple, easy-to-find accessories, you will have a good time with your children, and these leisure times will become moments for sharing and living new experiences.

### ISBN 978-1-78525-500-7 Format 210 x 270 mm, 64 pages 17,000 words

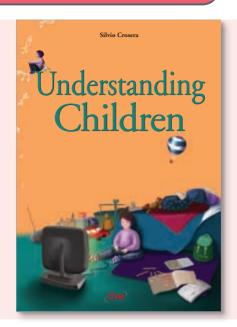
Age is not an issue to learn how to play chess. Apart from countless hours of joy and entertainment, this exciting game will help children to develop essential life skills, such as deductive logic, foreseeing abilities, or strategy planning. Through clear and easy diagrams, together with didactic explanations, children will learn about the board and the pieces, basic rules, strategies to win with checkmate, game samples, etc.

### ISBN 978-1-78525-294-5 Format 145 x 205 mm, 198 pages 43.500 words

Does your child spend a lot of time in front of the TV or playing video games? Are they telling lies? Are they still wetting the bed? Do they seem lazy or apathetic? Is it good to give them an allowance? These questions, which are the most frequent questions that parents ask psychologists who deal with children of school age, are presented and answered in this book.

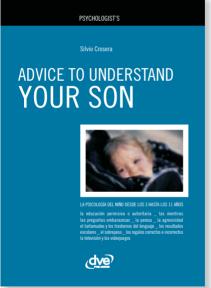
In these pages, you will find countless tips to help children feel good about themselves, with their classmates, and with adults.

This a good help in the difficult task of parenting, and also a useful guide for teachers and educators that will help meet the demands and expectations of children, identify and assess the manifestations of a particular discomfort, adapt the education to external stimuli, and address the problems related to the physical, psychological, and emotional growth.



### ISBN 978-1-64461-041-1 Format 145 x 205 mm, 158 pages 48,000 words

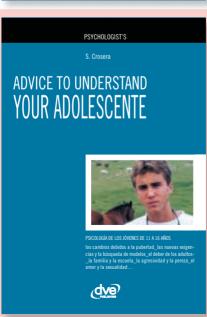
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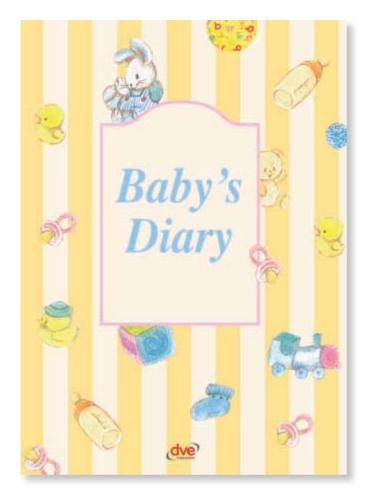
### ISBN 978-1-64461-040-4 Format 145 x 205 mm, 156 pages 43,000 words

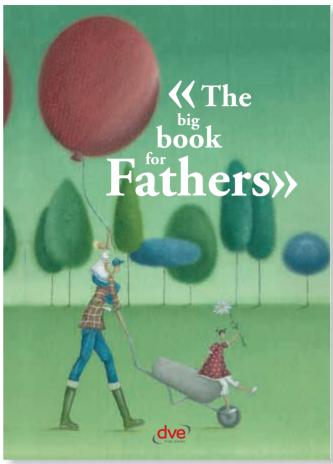
Does your child spend a lot of time in front of the TV or playing video games? Are they telling lies? Are they still wetting the bed? Do they seem lazy or apathetic? Is it good to give them an allowance? These questions, which are the most frequent questions that parents ask psychologists who deal with children of school age, are presented and answered in this book.

In these pages, you will find countless tips to help children feel good about themselves, with their classmates, and with adults.



## CHILDREN & PARENTING





ISBN 978-84-315-2392-3 Format 210 x 290 mm, 96 pages 500 words

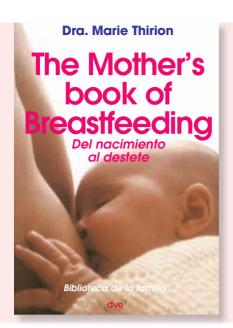
This diary opens today to fill every day with caresses and joys. It will allow me to revive my first words and my first memories as time goes by.

ISBN 978-84-315-4038-8 Format 118 x 210 mm, 40 pages 800 words

Page after page, let yourself be guided by the inspiration of famous writers. Here is a selection of the most surprising quotes that will make you relive that special tenderness and that unique love that is established between a father and a son.

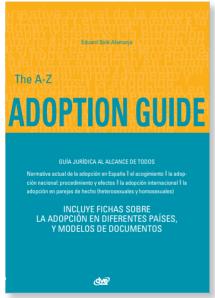
ISBN 987-1-68325-885-8 Format 145 x 225 mm, 192 pages 57,000 words

Breastfeeding, which has been considered an old-fashioned practice for two generations, is gradually regaining its rightful place in the lives of newborns. In fact, all the data from scientific research go in the same direction: breastfeeding is good for mothers and babies. More than a practical guide, this book provides comforting and warm answers to all the questions that future mothers may have. It allows those who wish to fully live this unique period of their life as a woman.



ISBN 978-84-315-2981-8 Format 143 x 206 mm, 160 pages 40,000 words

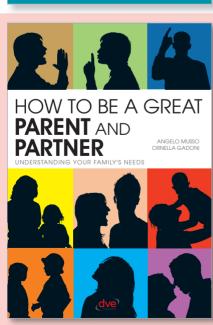
This guide sets out in a clear and simple manner the legal, technical and application processes to carry out the adoption of minors, both in Spain and in other countries.



ISBN 978-1-78525-297-6 Format 140 x 190 mm, 672 pages 203,000 words

This complete guide will put the fundamental basics of psychology within reach, applied to the everyday life, and it will teach you many things:

- How to control your temper and find out more about your own personality, thanks to practical
  exercises and simple tests.
- How to be positive when facing changes, how to deal with conflicts, manage your emotions, and overcome fears.
- How to interpret body language, understand behaviours, and analyse different types of characters.
- How to build healthy relationships with people and maintain a satisfactory life as a couple.



# For Starters, You're Not My Mother! What place must occupy a stepmother?

## ISBN 978-84-315-3472-9 Format 130 x 180 mm, 128 pages

23,000 words

The stepmother's role is not simple. As the number of restructured families increases, more women face the difficult task of raising children who are not their own, something that requires a great deal of flexibility and diplomacy. This book aims to help them find the best way to carry out their task, without falling into the most common pitfalls.

- · Why is the stepmother's role so complicated?
- How to occupy the right place without being too affable, distant, or rigid.
- How to exercise authority without relegating the mother.
- How to be part of a story that has already begun.
- · What role should the father of the children play?
- How to raise your partner's children and your own, especially when they do not receive the same education.
- How to approach the arrival of a new child.
- How to act with a teenager.
- What if the mother has passed away...?

### MYRIAM SZEJER MARIE AUFFRET-PERICONE

# The Guide to Starting School



For parents with children from 3 to 6 years

The day to day in the nursery

ISBN 978-84-315-3795-1 Format 130 x 180 mm, 144 pages 26,000 words

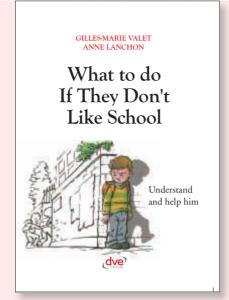
The entry into school, to attend nursery school from 3 to 6 years, is a key moment in the child's life. The little one is often excited and proud "to play in the big leagues", although this is not always the case and there may be some situations that the parents must control. In any case, to avoid possible problems at this stage, the child always needs to feel close to his parents. At the age of three, and even earlier, he/she should begin to adapt to new situations: he/she will have to discover that his/her teacher cannot take care of him alone, that some classmates are a little more active and others less, that he/she is not the only one, and that the days are long and sometimes tiring.

- What should we do to support him/her in this adventure?
- How to prepare him/her for entry into school?
- What will he/she really learn?
- What should we do if he/she is not comfortable with his/her teacher?
- What if he/she fights with some frequency, or is he/she just at recess?
- How to act if one day he does not want to go to school?

### ISBN 978-84-315-3367-9 Format 130 x 180 mm, 140 pages 25,000 words

Today, school success is a constant concern for parents. But it's not just grades that count: a school is also a place where children learn to live with others, to develop their self-esteem. Is your child going to school grudgingly? If so, their schooling and personal fulfilment are in danger. It is urgent to understand the reasons for his rejection and to find solutions to reconcile him with the school. There are several paths to explore depending on whether:

- He/she finds it difficult to adapt to primary education.
- He/she gets bored in class.
- He/she is having a hard time getting through school.
- He/she doesn't dare intervene in class.
- He/she is always grounded.
- He/she is aggressive towards others.
- He/she is nervous or hyperactive.
- · He/she is gifted.
- He/she is all alone in the yard.



### ISBN 978-84-315-3365-3 Format 130 x 180 mm, 140 pages 27.300 words

It is often difficult for parents to see their children fighting as if this shows their serious failure as educators. And yet, it's the most normal thing in the world. In fraternal relationships, moments of complicity and love alternate with periods of rivalry and hatred. We must accept the quarrels, which are indispensable for children to grow and assert themselves. This book helps parents adopt a certain distance and answers questions such as:

- What triggers fights?
- Should we let them happen?
- What do they bring to children?
- Why are they so difficult for us to bear?
- How do you avoid jealousy among children?
- Should we intervene when they're hit?
- How did you...?

# Stop fighting! Should you intervene in a sibling fight?

### ISBN 978-1-78525-287-7 Format 145 x 225 mm, 156 pages 35,000 words

A child who listens little, hardly ever or never, who ignores family rules or who does not pay attention at school does not necessarily have to be a child with "bad will". There are reasons to be deaf in front of his/her teachers or parents. It is very important to know them in order to overcome the worry, irritation or even exasperation that this behaviour can provoke, in order to understand that child who never seems to listen. This book will answer questions such as:

- Why doesn't he listen?
- Can we speak of natural authority?
- How can you help him listen?
- What's to be forbidden? Why?
- Why is adolescence more difficult?
- How to deal with crises?

Jean-Luc Aubert, a child psychologist and author of several books on this subject, has treated hundreds of children and parents facing this difficulty. Giving a clear answer to all these questions that affect the child from birth to adolescence, the author provides some clues to awaken the interest of the little one and to be able to understand it. Beyond obedience, what is really at stake is his interest in the world and everything that surrounds him.

# Jean-Luc Aubert How to Get Your Child to Listen

dve

Dr. Patrick Delaroche
When to Yield
to Adolescents



dve

### ISBN 978-1-78525-382-9 Format 145 x 255 mm, 288 pages 72,500 words

Puberty is a time of physical and psychological change. Teenagers react through rebellion or depression, and often the relationship with them can be tense and passionate. Helpless parents often blame themselves, but they must remain in their parental position and control the teenager. To try to solve these problems, the author answers questions such as:

- How can one understand the rebelliousness and aggressiveness of the adolescent?
- What is the specific position of the father and mother?
- What's behind school problems?
- Should we accept any extravagance?
- What attitude should be shown towards adolescent sexuality?
- How should one react to a risky attitude?
- To what extent can problems of cohabitation be endured?
- How can you help your teen when he or she isn't feeling well?

How to Help your Son Recover from Assault

In the school, on the street, at home

### ISBN 978-84-315-3326-9 Format 130 x 180 mm, 128 pages 22.000 words

Being insulted, beaten, blackmailed or even assaulted or abused is becoming an increasingly common part of our daily lives. These are situations that some children or adolescents, or perhaps your child, have to face one day. However, parents often find it difficult to understand how and why their child suffers from this situation, and do not know how they should react. This book will help you to solve the most common questions, for example:

- Why is my son/daughter in such danger?
- Why don't you know how to handle that situation?
- What is the best way to react to aggression?
- Should I report this harassment?
- How and where to do it in the first place?

Stephane Bourcet is a child psychiatrist. Isabelle Gravillon is a journalist.

BÉATRICE COPPER-ROYER GUILLEMETTE de LA BORIE

No, you are not yet a teenager!



8 to 12 year olds are still children

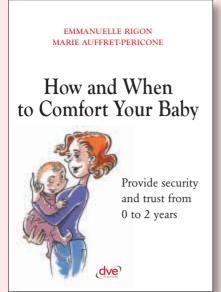
### ISBN 987-84-315-3435-4 Format 130 x 280 mm, 144 pages 28,000 words

Between the ages of eight and twelve they dress like teenagers, they talk like teenagers, they answer like teenagers... but they are not teenagers yet! By pushing them disproportionately into adulthood, you risk stealing valuable childhood years from them. This book will help you understand what is essential for your child at this stage of development.

- Why are they so precocious in their behaviour today?
- · What are the risks?
- Why do we tend to encourage them?
- How can we help our children resist the seduction of advertising?
- What do they need at this age?
- What can they be allowed?

### ISBN 978-1-78525-959-3 Format 130 x 180 mm, 160 pages 28.000 words

To provide tranquillity to the baby is to give him, from birth, inner security that will serve him throughout his/her life. Thanks to this security, he/she will be able to develop his/her abilities with confidence, address others, overcome fears and failures. In short, he/she will be happy as a child and as an adult. E. Rigon and M. Auffret-Pericone will help you here to discover how to get that basic feeling of security, and what are the words, gestures and attitudes that favour, day by day, their acquisition. The authors respond with simple and precise language to all the questions that parents usually ask themselves, often a little overwhelmed by cries and their child's behaviour: How to help him/her fall asleep; thumb or pacifier: what to choose?; talk to him/her, yes, but how?; etc.



### ISBN 978-1-78525-511-3 Format 145 x 225 mm, 272 pages 72,000 words

The stepmother's role is not simple. As the number of restructured families increases, more women face the difficult task of raising children who are not their own, something that requires a great deal of flexibility and diplomacy. This book aims to help them find the best way to carry out their task, without falling into the most common pitfalls.

- Why is the stepmother's role so complicated?
- How to occupy the right place without being too affable, distant, or rigid.
- How to exercise authority without relegating the mother.
- How to be part of a story that has already begun.
- What role should the father of the children play?
- How to raise your partner's children and your own, especially when they do not receive the same education.
- How to approach the arrival of a new child.
- How to act with a teenager.
- What if the mother has passed away...?

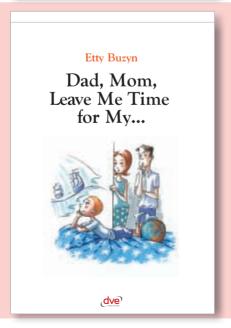
### ISBN 978-1-78525-288-4 Format 145 x 225 mm, 192 pages 37,000 words

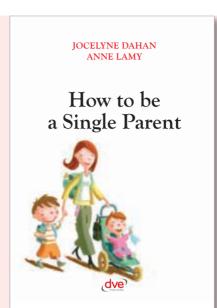
Nowadays, kids are subject to intense stimulation, an excess of information and an avalanche of out-of-school activities. This excessive burden, that aims to turn them into extremely capable adults, too often results in a lack of initiative for dreaming and imagination.

It is essential that the kids enjoy moments of leisure, because these help them to express their desires and stimulate their creativity

To get all the answers about why this leisure and freedom is so important for the well-being and intellectual development of kids, keep reading!

# Stéphane Clerget How to Separate but Protect Your Children





### ISBN 978-1-78525-384-3 Format 130 x 180 mm, 144 pages 25,000 words

The parent can sometimes feel tired and overwhelmed by the workload and responsibilities that they cannot share with anyone in their daily life. But there is good news: contrary to what has been said, the situation does not necessarily cause problems in children. This book clarifies many prejudices on the subject and proposes definite steps for a better daily living:

- How to avoid creating a sealed relationship between the two of you.
- How to keep a space for the absent parent.
- How to avoid the trap of overprotection.
- How to assume full authority.

### Dr. Patrick Delaroche

# Parents: How to Say No



dve

### ISBN 978-84-315-3365-2 Format 145 x 255 mm, 250 pages 64.000 words

"It is prohibited to prohibit." This phrase is revealing of a society where the authority of fathers tends to decline and where their prestige is weakened, while mothers fear to be too authoritarian. However, experience and clinical observation show that the child needs limits in order to build his personality. The attitude of parents who don't dare say "No!" leads to a significant loss of references. Thanks to this work, you, father or mother, will understand the true meaning of the prohibition for the education of your children.

- What to refuse
- When and how to punish
- How to react to transgressions...

### Etienne Choppy Hélène Lotthé-Covo

# The Small Manual for Grandparents

que ejercen su papel de todo corazón



dve

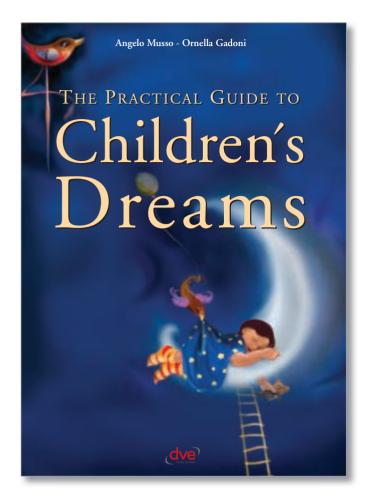
### ISBN 978-84-315-3746-3 Format 145 x 255 mm, 278 pages 70,000 words

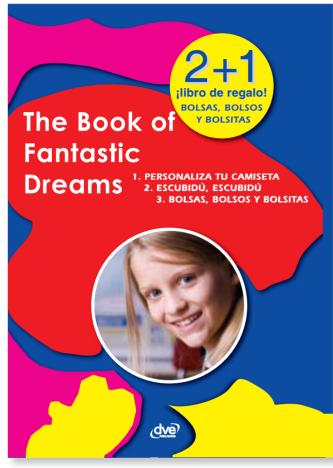
From the point of view of their grandchildren, grandparents occupy a privileged place in the world of adults. Their role is very diverse: from caring for a new-born to listening to a troubled teenager. A good relationship with the parents or the parent who is in charge of the child is essential. But where should the grandparents be?

This book answers this and other questions such as:

- What role or roles can they play?
- Do they have the right to interfere?
- How far can they go with their advice?
- How can they find their place when the family gets back together?
- How can they help grandchildren cope with the difficulties of life?
- How can they intervene in the transmission of family history?

18





ISBN 978-1-78525-293-8 Format 145 x 205 mm, 224 pages 60,500 words

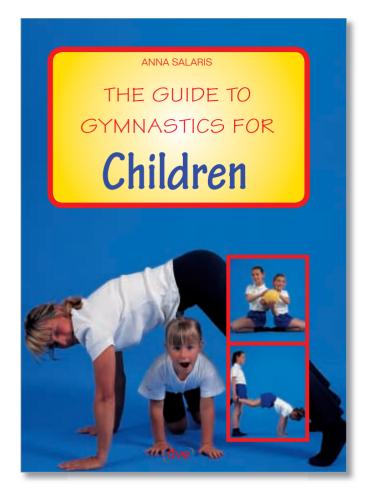
The dreams of children should not be regarded with scepticism. The child should know that what was dreamt is not meaningless drivel, and the adult must accompany the child in their fantasies, in their nightmares, and also in their discoveries. Getting used to speaking about dreams with children and encouraging them to talk about them is, ultimately, a way to promote a healthy growth.

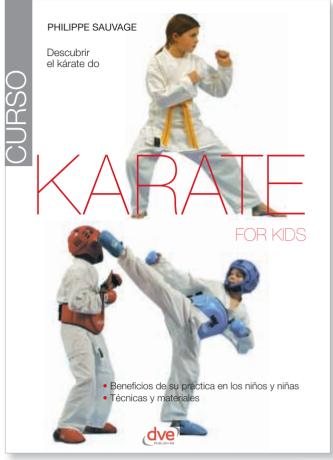
This book is a guide to understanding the emotional relationships that arise from dreams, which are essential for the development of the individual. This is a simple tool to easily understand the desires and fears of children during their growth and to help them become aware of their feelings and, therefore, be prepared to understand themselves and to feel fulfilled.

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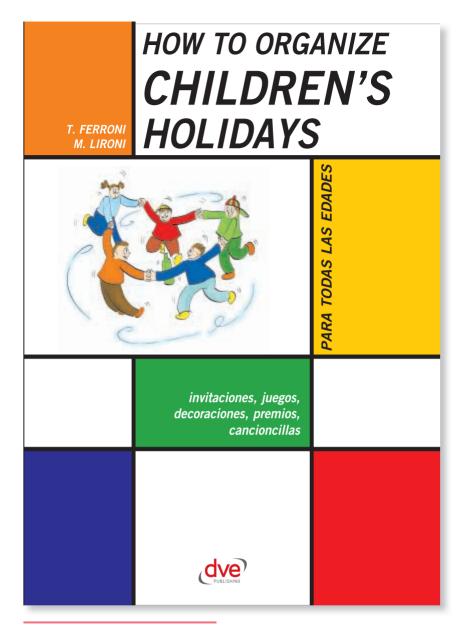
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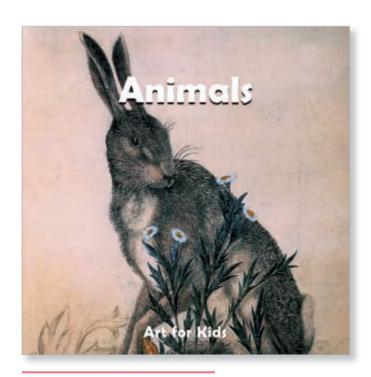


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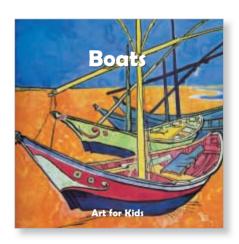
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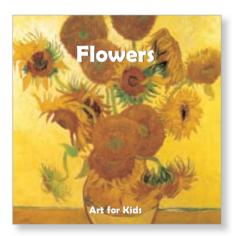
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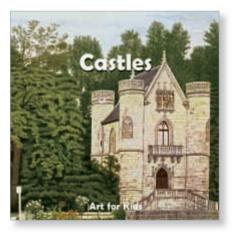
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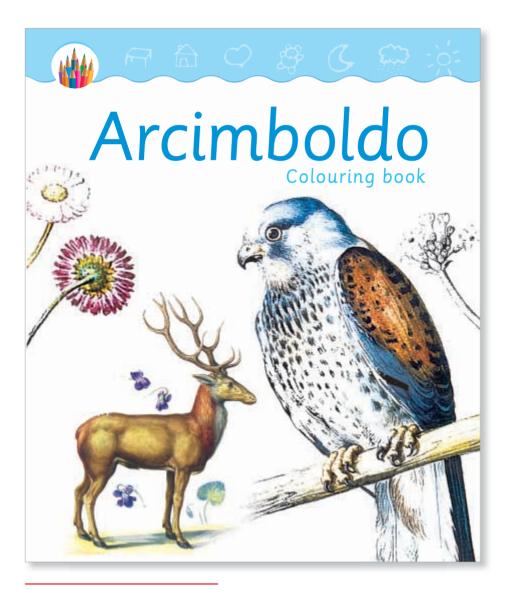
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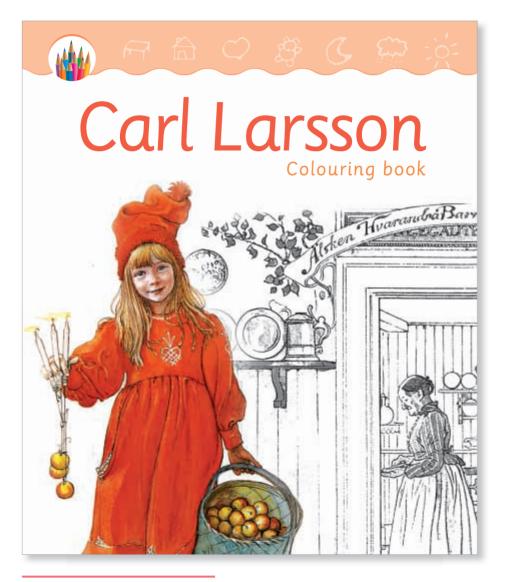
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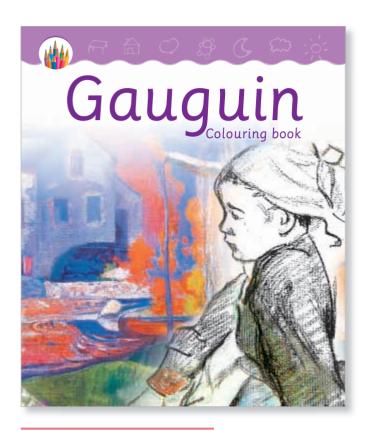
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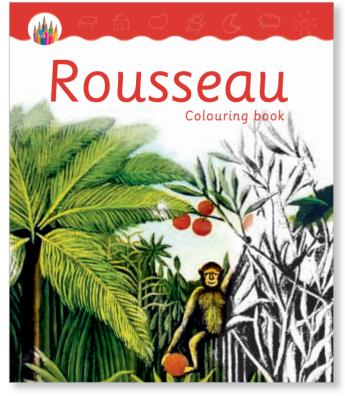
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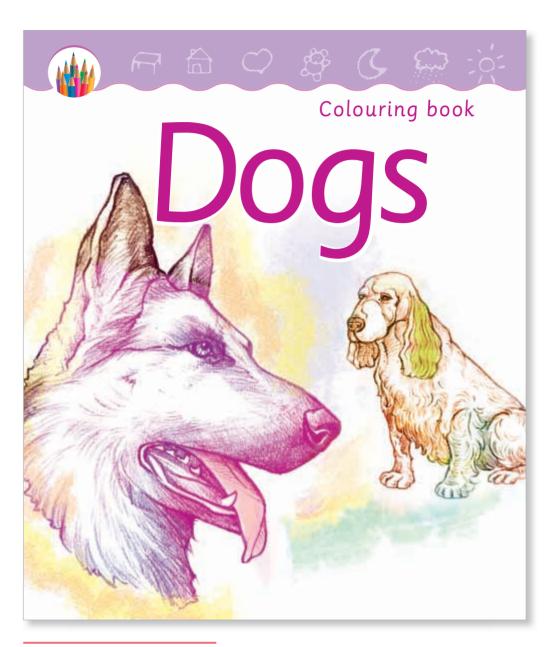
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